

THE BADGER BEAKER

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WISCONSIN STATE SOCIETY

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Great Lakes District Councillor Message

July, 2018

What a great summer! AMT members from throughout the United States and the Caribbean gathered in our nation's capital, Washington, DC for a week filled with education, leadership, and organizational meetings.

Viewing the fireworks on Independence Day in Washington, DC was fantastic.

The AMT Annual Business Meeting was held during this week where elections for new AMT Board members were held. Congratulations go out to our newly elected AMT National Board President, Jeannie Hobson, RMA! Also, congratulations to Harry Narine, MT (AMT) from Trinidad & Tobago, a member of the Caribbean Association of Medical Technologists (CASMET) and Martha (Marty) Hinkel, MT (AMT) from Wyoming a member of Rocky Mountain State Society for their election to the AMT Board of Directors. Also newly elected, to the Board in the RMA position was Francine M. Oran, RMA (AMT) from Nebraska, a member of the Central Plains State Society. Congratulations to Fran as well. We look forward to their input to board decisions over the following three years.

A highlight of the convention week was the awards convocation. The Great Lakes District was privileged to have the recipient of the Medallion of Merit Award, Heather Herring, MT, RMA (AMT) in our district. The Medallion of Merit is the highest honor bestowed by AMT for outstanding organizational and professional contributions in the field of Medical Assisting. Heather has devoted many years to AMT on both the state and national levels. She leaves her position on the board of directors this year. Congratulations, Heather! Congratulations also go to the many other district members who were recipients of AMT national awards this year. These names and pictures can be found in the *AMT Events*, June 2018 issue. If you did not receive this issue, your mailing address at the AMT office may need to be updated. Please contact the office at staterequest@americanmedtech.org and make changes in your email address, home address or other contact information. This will assure that you do not miss the most recent publications or the most recent email blasts from either the national office or your state society.

We have a new face in the AMT Education department for AMT. Her name is Maggie Highland. She is bringing great ideas and new items to our members. Please check out the AMTRAX video on You Tube on how

to record your continuing education activities on AMTRAX through our AMT national website www.americanmedtech.org.

Mark your calendars for the biennial Great Lakes District Conference to be held October 5 and 6, 2018 in West Chester, Ohio. Please look online in your state society website page and watch for email blasts on this event. We are excited and honored to have **Chip Madera** as our keynote speaker. He is nationally known throughout hospital organizations. Please check his website for a preview at www.chipmadera.com. Registration may be found on you state society website. See you there!

Save the dates: July 1 to July 5th, 2019 at the Chicago Hilton in Chicago , Illinois

I would like to inform you of my new email address for use with any correspondence regarding my work with the American Medical Technologists. Please contact me at this email address: amtglc@gmail.com

If you send something to my other email address, I will still respond, but for the future, please try to use the new one.

Thank you for your commitment to the American Medical Technologists.

Bev Christiansen, RMA

amtglc@gmail.com



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AMT
American Medical Technologists
Certifying Excellence in Allied Health

Upcoming events

AMT 81st Educational Program and National Meeting
July 1 – 5, 2019 in Chicago at the Chicago Hilton Hotel

Wisconsin Survey When you receive the survey, please complete

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President's Message

GO WISCONSIN!!!

I have just returned from the Great Lakes District Conference and was able to meet all these amazing people and learn all these amazing things. I was able to attend both days and learn about PRP (platelet-rich plasma), law/ethics, mentoring and hear an incredible motivational speaker Chip Madera. Please if you have the time watch a few clips on You Tube with him. The conference really was a great chance to mingle and talk with other MA's (as I am a MA) and see how they work and what's new in their office and companies.

In the coming months we hope to send out a survey of what you hope to see from your state in the future. Watch for that!!! We hope to hold another educational session next year.

Happy Fall
Paula your State President

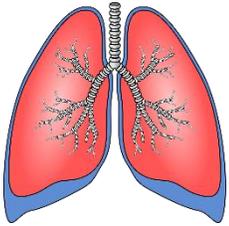
Editor's Message.

Another year is quickly coming to a close. I hope that everyone had a good year so far and that the rest of the year is filled with joy and happiness.

A reminder that you can contact an officer my going to www.amtwisconsin@gmail.com

Please try to attend the National Meeting in Chicago. The programs are very interesting and getting together with fellow members is always exciting. I realize that is hard sometimes to get away from work and family, but I think it's well worth the effort.

Continue to support our new president and secretary with their efforts to provide you with an active state society.



COPD

Chronic obstructive pulmonary disease (COPD) makes it difficult to breathe. The airways that carry air into and out of the lungs may become blocked from swelling or mucus. With COPD, the tiny sacs located at the bottom of the airways become less flexible. Two main types are chronic bronchitis and emphysema. People with COPD are at increased risk of developing heart disease, lung cancer, respiratory infections, high blood pressure in lung arteries, depression, and a variety of other conditions.

The main cause of COPD is long term exposure to substances that irritate and damage the lungs. Common irritants are smoking, second hand smoke, air pollution, dust, chemical fumes, and in rare cases people who lack a protein called alpha 1 antitrypsin (AAT).

Common symptoms of COPD are a cough that does not go away, coughing up lots of mucus, shortness of breath especially with physical activity, wheezing, chest tightness, blueness of the lips or fingernail beds, frequent respiratory infections, lack of energy, unintended weight loss (in later stages) and swelling in ankles, feet, or legs.

Diagnosis may include a medical history, lung function test called spirometry, imaging tests, and blood tests.

Since there is no cure, the goal of treatment is to ease the symptoms. One important step is for a smoker to quit smoking. Treatment maybe medicines (such as bronchodilators, corticosteroids, antibiotics, and Daliresp), oxygen therapy, pulmonary rehabilitation, flu and pneumonia vaccines, surgery to remove diseased lung tissue, or lung transplant.

Steps to take to stay healthy and reduce symptoms include stop smoking, avoid smoke, fumes, dust and air pollution, take prescribed medications, get regular check-ups, learn breathing exercises, do light exercises several times a week, and eat healthy.



Written by Julie Lent, MT

References: Medline Plus <http://medlineplus.gov/copd.htm>

WebMD <http://webmd.com/lung/copd>

Mayo Clinic <http://mayoclinic.org/diseases-conditions/copd>